



VANL NEWS

Voluntary action north Lincolnshire

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On 19 September, the Healthy Living Project for Barton and the Eastern Parishes comes to an end. The successful project has been funded over the last 5 years by Big Lottery and although most of the initiatives developed by the project will continue in one form or another, we shall no longer have a presence at 11 High Street, Barton. The project has been responsible for the introduction and consolidation of 3 Community Cafes and 3 Youth Cafes which are now self sustaining. The promotion of Home Safety equipment and an initiative to address mental health issues will be mainstreamed after September and funding has been obtained to continue to development work to improve access to services for isolated communities. The project has been particularly successful in recruiting numbers of volunteers to support the cafes and the newly established Volunteer Bureau aims to carry on the good work. Voluntary Action's Carol Thornton will continue as our outreach worker in Barton and will be located at Baysgarth Museum from 20 September. So too will our development worker, Mandy Brookes.

On behalf of the project, we would like to take this opportunity to thank you for your support through the life of the project.

HeartWell Works with Volunteers to Improve Health



Do you have an idea which will help your community live healthier lives? HeartWell is here to help you turn those ideas into a reality. Small amounts of funding are available to help projects which aim to address HeartWell's key priorities, namely:

- Increasing physical activity
- Improving well being
- Healthier eating

There are many successful projects which HeartWell have funded in the past. Initiatives which aim to improve heart health are very important to your community. Please contact us if you have even an acorn of an idea and we may be able to help you get started.

Although HeartWell does not have a minimum or maximum amount that people can apply for, we do only have a limited pot of money available each year. Therefore most bids are normally in the region of £200 - £2000.

For an application form please call Pauline Todd (Programme Coordinator) on 01652 600118 or Elaine Matthews on 01652 600100. Alternatively, if you would like an electronic copy of the application form please email elaine.matthews@nlpct.nhs.uk or pauline.todd@nlpct.nhs.uk.

If you are unsure whether your project would be suitable for a HeartWell Grant or need some advice to help complete the application form please do not hesitate to call Pauline Todd on the number above.

Appropriate Adult Service work with North Lincs Youth Offending Team are looking for supervised reparation sessions for low level young offenders, preferably in the Barton area, although I'm sure they would be interested in other areas too.

They need low-level community reparation work, such as litter picking, simple gardening, working

in cafes, painting local community buildings or delivering leaflets - anything that would benefit local the community or charitable organisations. All the young people are supervised by experienced staff and the Service has full Public Liability Insurance.

If you could forward details on to anyone who might be able to use help from them, I'm sure they'd be very grateful. The contact is Jill Dawson and she can be contacted on 0845 600 1528.

BIG LOTTERY LAUNCH NEW COMMUNITY BUILDINGS PROGRAMME

The Community Buildings programme will give communities the chance to improve their quality of life by funding buildings that are economically, socially and environmentally sustainable. The programme will pay for creating and improving facilities that offer a wide range of services and activities to a broad range of local people.

'We want to fund buildings that will promote community interaction and self-help. We hope that these buildings will continue to serve communities in years to come while minimising their negative effects on the environment.'
Community Buildings is mainly a capital-funding programme for to cover the cost of building your project, not running it.

You can apply to the Community Buildings programme if you are a voluntary or community organisation, a parish council or a church-based faith organisation. (Voluntary and community organisations include charities, unincorporated associations, not-for-profit companies, credit unions, self-help groups or co-operatives and faith based community organisations.).
You can apply for grants of over £50,000 and up to £500,000. If your project costs more than £250,000, you will need to find match funding. Development grants of up to £25,000 are available.

There will be a two-stage application process. At stage one they will consider the need and outcomes for your project and how you will run your building.

The final deadline for receiving stage one applications is 5 pm on 30 April 2007. Only projects successful at stage one will be invited to apply to stage two.

For further information or an application pack visit:

www.biglotteryfund.org.uk

TRAINING

Emergency First Aid for Appointed Persons - 12th September 2006

Full Day, non accredited but recognised by HSE
£20.00 per candidate for Voluntary or Community Group Member
£35.00 per candidate for business or out of the area

9:30am - 4:00pm

Credit Union Training Room, 162 High Street,
Scunthorpe (Lunch Provided)

Food Hygiene - CIEH Foundation Food Hygiene 20th September 2006

Full Day, Qualification based - delivered
by Barry Cooper £10.00 per candidate for Voluntary or Community Group Member
£25.00 per candidate for business or out of the area

9:00am - 4:30pm

Ashby Community Centre, Everest Road, Ashby
Scunthorpe (Lunch Provided)

Recognising Potential Risks and how to Manage them.

22nd September 2006

Full Day, non accredited but recognised by HSE
£20.00 per candidate for Voluntary or Community Group Member
£35.00 per candidate for business or out of the area

9:30am - 4:00pm Venue TBC (Lunch Provided)

Child Protection Training

25th October 2006

3 Hour, Non accredited course delivered by
Elizabeth Jackson £10.00 per candidate for
Voluntary or Community Group Member
£25.00 per candidate for business or out of the
area

2:00pm - 5:00pm

Central Community Centre, Lindum Street
Scunthorpe

South Leys Business & Enterprise College will be hosting an enterprise day on Wednesday 15th November for all year 7 pupils and some year 6 pupils from its feeder schools.

The aim of this event is to raise the profile and public awareness of local community groups, provide opportunities for the learners to undertake activities which encourage enterprising thinking, and promote neighbourhood networking.

They wish to invite community group members to attend and work in collaboration with the staff and pupils there. Enterprise activities based around the community groups will take place throughout the day; lunch and refreshments will be provided. A similar event took place last year which proved to be an extremely enjoyable and mutually beneficial experience.

South Leys Business & Enterprise College hopes this event secures a platform for future developments. The community features greatly in a detailed development plan, and there will be opportunities to view the state of the art facilities that will be promoted for community use.

Helen Parker, Extended School Coordinator
h.parker@southleys.n-lincs.sch.uk

VOICES

Listen to the Voices

The new forum for the voluntary and community sector (Third Sector) in North Lincolnshire
Next Meeting: Wednesday 12th September
2006 10 - 12 Shelford Street

Voices is the new support network for the Third Sector. We aim to be an information exchange and provider of training. It is the place to talk about anything important to you.

Any members of the third sector are invited to attend and talk to other members of the third sector and council representatives. For a copy of Monday 17th July minutes please email

voices_north_lincs@hotmail.co.uk.

Invitation to a meeting of the Community Interest Group

The Community Interest Group is a network set up to spread news about what is happening in our area and within our organisations to save us from duplicating each other's work, and so that we can refer people on when necessary. It began in Barton and has been running very successfully for some years.

Please come along and bring (or send!) along anyone you know is working in the community sector, basically, the more the merrier, and the easier our jobs can get!

The next Community Interest Group meeting will be on Monday 18th September 2006 in the Viking Resource Centre, Barton from 12–2 pm. For those who don't know, the format for these meetings is that we take it in turns to tell the meeting what we are doing and offer or request help from each other. Then we have a chat or have further discussion on something raised earlier. All very informal and friendly.

If anyone is receiving these mailings who would prefer not to be included please let me know. If you can't attend the meetings you can still input any news you have by sending it to me, and you will still receive the minutes to tell you what everyone else is doing.

Hope to see you there,

Carol Thornton

Tel: 01652 633297

Email: carol.thornton@vanl.org.uk

Communitas - Development for the Future
Are holding 3 courses as follows:

Identifying Learning Needs (3 credits) -
Providing advice and guidance (6 credits) -
Overcoming barriers and solutions (3 credits)

-

Credits are awarded at Level 2 or Level 3

Typically learners would study 'Barriers and Solutions' + 'Learning Needs' to attain certifi-

cation, ie 6 credits at Level 2 or 3. Advice and Guidance (FLAG) is usually studied as a separate course leading to 6 credits at Level 2 or 3

Come on; help others to join the learning revolution Contact Keith Crampton 01724 870020

Faith Communities Capacity Building Fund—is part of the Government's Improving Opportunity and Strengthening Society strategy. The fund supports the Government's aim to help faith communities promote understanding and dialogue, helps faith-based groups to develop their capacity for such work, and supports better Government engagement with faith groups in developing and delivering policies. The fund also supports the Government's aim to help different framework of mutual respect and fairness.

Check out www.governmentfunding.org.uk

Conference 2006

After the great success in 2005 of the VANL Conference, "Ignore it Now Regret it Later" we have decided to hold another one!

"Ignore it Now Regret it Later—2" will be held on Wednesday 29 November 2006 9.30 am to 4.00 pm at Normanby Hall

The topics covered will be:

- Policies as Working Documents
- Event Planning
- Health and Safety and Fire Safety
- Employment for Trustees
- Full Cost Recovery
- Employee, Temp, Volunteer, Casual Worker—
What is the Difference?

Invitations will be going out to all our members shortly, but to secure your place, ring the Scunthorpe Office on 01724 845155

Community Studies programme

Understanding Community Change and Developing Welfare: Responsibilities & Rights are new H.E. programmes running at North Lindsey this academic year. They are both one-year, part time programmes designed for those individuals who either work or volunteer in the community.

Understanding Community Change defines what is meant by the term 'Community' then looks at how people get involved in the community and ideas about regeneration. This leads us to consider how communities have changed both locally and nationally. But change doesn't just happen, we also look at social and political ideas that affect how we understand communities and how communities are affected by policies. Where do things like Multi-agency working come from, what do we mean by risk or globalisation and how does it affect us.

Developing Welfare: Responsibilities & Rights discovers at how Welfare developed, starting with a look at typical ideas about the Welfare State but also addressing how this affects the community. We question: Welfare has changed, so who provides it and how in contemporary times. The programme focuses upon how we work within the community in a positive way and how we can be more effective. The course looks at the practical aspects of working in the community such as chairing meetings and the idea of treating everyone fairly to achieve positive changes. Other key features of the programme involve the use of media, attaining funding and the importance of accountability.

So if you work or volunteer in the community, are over 21, can spare one evening a week and are interested in deepening your Community knowledge, then one of these programmes is for you. Financial support is available. For example, a single parent with two children earning below £19000 will not pay fees and will receive £250 also. A couple with three children and a joint income of below £21000 would be the same. However full details will be provided on request.

On successful completion of the programmes, students can either advance onto the following programme or transfer the accumulated CAT's points onto an alternative programme of study.

If you would like further details, please contact Pam Rawlins on 01724 294125.

Which Way Now?

With the reduction in grant funding and the government's drive towards the development of the Third Sector as a contract delivering organism being the flavour of the last 3 years and the next 3 years focus, the drive to becoming a self sustaining and operating community owned and managed business is now more prominent than ever before. With many small to medium sized VCS organisations now having to look at their reason for being, now more than ever before VCS organisations are making profound decisions regarding their future direction, if they want to tender to deliver contracts to the public sector or start trading in another model of to continue to seek grant aid to enable them to continue to exist.

This 2 day workshop delivered by Lesley Kirton & Steven Leach of SEDA Rural CIC will: examine with the participants exactly what changes are afoot, seek to develop change mechanisms for these organisations wanting to develop a new or improved way to operate, focus its advice and guidance on supporting individual organisations to be clear about which way they will need to take, and develop strategies to enable any changes in current delivery that this will incur.

Explaining in simple and effective terms what exactly happens in change and how to manage this, the two workshops will aim to take the participant from their current position to a new understanding with clear and well thought out mechanisms for delivery and change management. The participants will have understanding and ownership of the implications and a clear path towards their own future sustainability.

The cost for the full 2 days is £175 including lunch and refreshments and materials supplied. The cost for an individual day is £100 per day including lunch and refreshments and materials supplied. Each day will be delivered 6 times in the Region of Yorkshire and the Humber Places are strictly limited to 30 places max per event— contact SEDA Rural CIC on 0113 2251331 for more information and a booking form

9305 030-X03300

In June we held an event at the Kingsway Centre to give information to voluntary and community groups about how they can begin to prepare for their involvement with the Childrens Trust. Ellen Chant from North Lincolnshire council went through the Childrens Plan, to show how local services will look in the future. Bill Eve from Voluntary Youth Organisations Network presented a self assessment framework that groups can use to quality check themselves.

Youth Activities Fund
Apply now!!

For further information about any of the items contact Alicia Laking at VANL on 01724 845 155
Or email alicia.laking@vanl.org.uk

I am now undertaking Connexions Personal Adviser role in the Voluntary sector, if you need more information about what support can be given to young people aged 13-19 please contact me. (Details as above)

In preparation for the Childrens Trust, and in keeping with the 'Every Child Matters' agenda, a forum of Voluntary Sector Organisations who work with children + young people has been set up. Representatives from any of these groups are welcome to attend.

Listen to the VOICES!

The next meeting is to take place on
Wednesday September 13th at 12.30pm.

At the Foundation for Wellbeing
Shelford Street Scunthorpe.

Youth Activities funding will be allocated by X-PRESS giving young people a voice.

X-PRESS is the youth forum for young people which is meeting monthly. Please encourage your group members to have their say. Next meeting is on Thursday September 28th at Highridge youth service building, from 7.15-9.00pm. Contact Colin Shucksmith on 07717 586 227

Colin Shucksmith is the Youth Participation worker.

Youth Opportunity and Youth Capital Fund

The government has made some money available for the next two years to improve "Things to do and places to go"

To good to be true?

Read on to find out how easy it is for you to get some money towards doing things in your local area, buying equipment, going on trips, opening up a building.

What's it for? Anything to do with improving activities for young people in your area

Who can Apply? - Groups of young people aged 13–19 years or 25 years if a group of disabled young people, who live in North Lincolnshire. You will not get a grant for activities in school time or if you are not within the age range.

Who Decides? Young people from X-PRESS, the Youth Forum which meets in North Lincolnshire. It is hoped that the group will meet four times a year to look at applications.

How Do we get the Money and how Much? Complete a simple application form. You will also need to get the adult who is supporting you to fill in the monitoring form—to help us discover where the money is going in the area. You will need to have access to a bank account—money cannot be paid into an account in one person's name. There is no limit to how much you can apply for—but if the forum thinks its too much they might give you less. You can make up to 2 applications a year.

Once you have received the cheque, that is it. You go ahead and fund your activity, buy your equipment or develop your project. You will be asked in a couple of months how things have gone and how the process can be improved.

Talk to the Youth Service on 01724 297214.

Rural Youth Network Autumn Conference 28th - 29th November 2006 Hayes Conference Centre, Derbyshire Rural Youth Matters

Does Rural Youth matter to you?

Join us for a review and exploration of how the issues raised in Youth Matters are faring and developing in rural areas....this is your opportunity to hear about good practice and to help us tell the policy makers what still needs to be done. Speakers and workshops will include;

- The youth offer in a rural county
- Good practice in rural youth work from a Beacon authority
- The opportunity fund; a range of approaches in rural areas
- Commissioning of services; experiences so far
- Working with the 16+ and 'Neets' in rural areas
- Extended schools; a partnership approach

There will also be opportunities for networking, panel question and answer sessions, interludes and after dinner inter-active entertainment from our rural theatre company, and the Rural Youth Network AGM and showcase of members' good practice.

2 day residential price is £150 for a double ensuite room for single occupancy, single day delegate price is £55 per day.

To reserve a place/request a booking form please email ruralyouth@nya.org.uk or ring Angela Harrison on 0116 242 7439

Dates for your diary

VOLUNTARY FAIR

Voluntary Action North Lincolnshire are planning a Voluntary Fair at Baysgarth Museum, Barton in the near future. Stall holders will be able to recruit volunteers or raise funds.

Voluntary and community organisations working in the Barton area are welcome to have a stall, for which there will be a small charge.

For further information please feel free to contact

Carol Thornton, VANL, 01652 633297 or email carol.thornton@vanl.org.uk

Conference on Healthy Aging
....into a healthy older age

Thursday 5th October 2006
The Reeds Hotel
Barton on Humber
9 am—2 pm

This is an excellent opportunity for you to listen to and work alongside leading professionals from the field of healthy ageing and participate in workshops that will influence the development of a framework to maintain health and wellbeing in later life

Date for your Diary!
Voluntary Action North Lincolnshire is holding its AGM on Thursday 5th October 2006 at the Kingsway Business Centre
Don't miss it!

Have you paid your VANL Membership fees?

If not, why not? I'm sure it must be an oversight—They can be paid in at either the Barton or Scunthorpe Office

Take advantage of the enclosed Membership Renewal Form and do it today!

Due to the end of the Barton Healthy Living Project, several items of office equipment/furniture have become available.

Book case, stationery cupboard, 4 notice boards, Venetian blinds, coffee table, message board, shelves, chairs, electric heater, waste bin, paper cups and plates, chairs, desks, cupboard, filing cabinet, clock OHP's plus other bits and pieces—ring the Scunthorpe Office 01724 845155

Please note As from 19th September 2006 The Barton Office of VANL will be situated in Baysgarth Museum telephone number and office opening will remain the same.

For Sale

As new, straight stair lift, £750 or nearest offer contact Keith on 01724 870020